

Resources for Teens



Alcohol/Drug Problems

Burrell's CSTAR Program

In-Patient and out-patient programs available based on evaluation of need
269-0300

Pregnancy

Pregnancy Care Center

Testing, medical care, counseling available—all confidential
1923 S. National Ave. #C
877-0800

Eating Disorders

National Eating Disorders Association (NEDA)

http://www.edap.org/p.asp?WebPage_ID=337

The website includes facts, referral information, research, videos, and ways to help & volunteer

Information & Referral Hotline: 1-800-931-2237

HIV/AIDS

AIDS Project of the Ozarks

Testing, medical treatment, counseling, pantry, advocacy

1901 E. Bennett, Suite D

Springfield, MO 65804

www.aidsprojectoftheozarks.org

881-1900

STDs

Christian County Health Department

301 Brick Street, Ozark

581-7285

Springfield-Greene County Health Clinic

227 East Chestnut Expressway

864-1657

Grief

Lost & Found

Place for teens that have experienced a death in the family to seek support—free of charge. Group setting so you can connect with other peers who are experiencing grief.

www.lostandfoundozarks.com

865-9998

Domestic Abuse

Family Violence Center

The Family Violence Center, Inc. offers food, shelter, counseling, support groups, classes, legal/housing/employment advocacy, and temporary daycare to women and children. These services are offered free of charge. Do you need help creating a safety plan? Would you like to know more about our program? Please contact our hotline at **417-864-SAFE** or **1-800-831-6863**—Advocates are available 24 hours a day.

www.familyviolencecenter.org

The Victim's Center

Crisis intervention, 24 hour hotline, counseling, victim advocacy services (law enforcement, court, and hospital), referral services, groups, and more for male and female victims of sexual abuse and/or assault, armed robbery, aggravated assault, and stalking.

www.thevictimcenter.com

819 N. Boonville

Springfield, MO 65802

863-7273

Suicide

Missouri Suicide & Crisis Hotline

<http://suicidehotlines.com/missouri.html>

1-800-SUICIDE

1-800-273-TALK

Gay Lesbian Bisexual & Transgender (GLBT)

Glo Center

The Glo Center supports the well-being of GLBT people of all ages by organizing and sponsoring community activities and by increasing public understanding and appreciation of GLBT citizens.

518 E. Commercial St

Springfield, MO 65801

869-3978

www.glocenter.org

Youth Hours: Tuesdays 4-11pm

4th Friday of every month, 4:00-Close

GLBT National Youth Talkline: 1-800-246-PRIDE

<http://www.glnh.org/talkline/index.html>

Email questions, find resources, and use the Talkline

The telephone volunteers are in their teens and early twenties, and speak with teens and young adults up to age 25 about coming-out issues, relationship concerns, parent issues, school problems, safer sex information, and lots more!

GED Programs

OTC Counseling & Career Center

www.otc.edu

GED Prep classes available

447-8860

Teen Health

- Drugs, alcohol & Smoking
- body piercing
- Bullying, school violence/safety
- divorce
- healthy relationships
- puberty, Pregnancy, Sex
- healthy eating, weight loss and fitness

<http://www.kidshealth.org/teen/>

Peer Pressure

www.thecoolspot.gov

Tips, advice, facts, quizzes and games about peer pressure (good and bad), alcohol, real life situations and expectations.

Bullying & School Violence

www.safeyouth.org

Lots of information about how to handle bullying, facts about bullies, witnesses, what you can do, consequences of bullying, and helpful links

Hotline number: 1-866-SAFEYOUTH

Divorce

<http://missourifamilies.org/quick/divorceqa/divorceqa61.htm>

This site has links for teens dealing with divorce and separation. They include articles with teen stories (fiction and non-fiction) with professional advice and comments.

www.logrog.net go to: Buildings—High School—Counselor—Self-Help Resources for MORE!